

# WHATEVER THE PROBLEM

## ADDICTION & MENTAL HEALTH



HELP4WV is available 24/7 to provide treatment referrals to individuals experiencing addiction or mental health issues. HELP4WV helps overcome barriers to treatment such as transportation and lack of insurance.

**1-844-HELP4WV**

## PEER SUPPORT



The First Choice Peers program offers outreach, support and follow-up services from people who have been successful in the recovery process to those experiencing similar situations.

**1-304-639-2121**

## PROBLEM GAMBLING



The program includes a 24-hour helpline, referrals to gambling addiction specialists, support groups, peer mentoring, financial counseling, and much more.

**1-800-GAMBLER**

## HEALTHCARE COVERAGE



WV Navigator offers free health insurance enrollment assistance. The program helps people sign up for insurance through the Affordable Care Act or Medicaid.

**1-844-WV-CARES**

## SUICIDAL THOUGHTS



The Lifeline provides 24/7, free and confidential support for people in distress. The Lifeline also provides resources for loved ones and professionals.

**988**

## FAMILY CRISIS



The Children's Crisis & Referral Line is available 24/7 to assist in finding treatment for youth behavioral health needs. The program provides parenting support, access to mobile crisis response teams, and local resources for your family.

**1-844-HELP4WV**

## EMPLOYMENT BARRIERS



Jobs and Hope provides free help with job training, education, and employment opportunities. The program assists with barriers to employment such as childcare and transportation.

**1-833-784-1385**

## BASIC NEEDS



WV 211 helps people locate social services and resources in their community. Call, chat online, or text your zip code to 898211 for immediate help.

**211**



FIRST CHOICE  
SERVICES

# THERE'S A HELPLINE FOR THAT